



## You and Your Youth

### Mission Statement

MPACT Missions exists to help local churches share God's love in practical ways through service to the elderly, disabled, and disadvantaged residents of the community at no cost.

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## General Information

Getting organized ahead of time is the key to making your MPACT Mission Trip a success. Please take time to make sure all required paperwork is completed. Below is a brief description of each form that should be completed and what you can expect from your MPACT trip. If you have attended MPACT in the past, we encourage you to read through the following for there are various items that could have changed.

The cost for attending MPACT is \$165-\$200. This includes lodging, meals, a Fun Day pass, lanyard, and a t-shirt for all participants. Register by sending a non-refundable deposit per participant post marked and made payable to:

MPACT Missions Inc.  
P.O. Box 355  
Saint Jo, TX 76265

\*Non-Refundable but transferable Deposits: The Early bird \$50 deposit (best deal) must be postmarked by May 1<sup>st</sup> for 2023. This deposit will lock in your fee at \$165 per participant. All registration fees received after May 1st will be charged a \$65 deposit per participant which will lock in the price of \$180 per person for 2023. All deposits after May 1 will be \$85 per person and their price will be \$200 per person. Please register on time to avoid higher prices per person.

The Pre-Registration Form should be completed by each participant attending. The form is designed to help you in registering each participant on time with our online registration application. MPACT does **not** need a copy of the Pre-Registration Form. All participants will need to be registered online by **April 1st**. Register online at [www.mpactmissions.org](http://www.mpactmissions.org).

All remaining balances are due by **May 1<sup>st</sup>** and need to be postmarked as such. All deposits are transferrable but non-refundable.

## Pre-Registration Form

When we form our work teams for the week we like to mix youth and leaders from other churches together. This provides an opportunity to get to know someone you did not know before. The result is sometimes a life-long friend. In order to form these teams so they work efficiently, we ask that you rate your students according to their leadership abilities and Christian walk. Please rate students with 1's, 2's, and 3's, (leadership groupings, *see below*) Please indicate this in the left hand box at the bottom of the Pre-Registration Form and enter it in the proper field upon registration through the MPACT website by May 1st.

## Leadership Grid

**#1**= A leader in your student ministry who has the ability to lead peers – walking with Christ daily.

**#2** = A person in your student ministry that has potential, but has not shown leadership – somewhat trying to live for Christ.

**#3** = A person you are not sure about spiritually, who came as a guest or has not shown that he/she is walking with Christ right now.

Our Team assignment process is computer generated. If you need a student placed with a Team Leader from your church, please send an email to [rashonda.hayes@mpactmissions.org](mailto:rashonda.hayes@mpactmissions.org) to inform Rashonda of the need to do so.

### **Website Registration**

After gathering all of your Registration Forms from your potential participants, compile all participants, (adults and youth alike) attending and register them through the MPACT website Registration Application at [www.mpactmissions.org](http://www.mpactmissions.org). The following information must be entered in order to complete each participants registration: Realizing participants will add and drop out until the last minute, please make changes accordingly before you arrive. These changes can be made by contacting Rashonda at [rashonda.hayes@mpactmissions.org](mailto:rashonda.hayes@mpactmissions.org). Upon arrival at MPACT, we can make any last minute updates.

### **T-shirt Order**

**May 14th** is the deadline for submitting the number of t-shirts. Anyone who adds after this date are not guaranteed a t-shirt in their size. If you have a large number of your group drop after t-shirts have been ordered, you may be asked to pay for the excess shirts.

## **Minor Medical Release Form (301-MMR)**

(Please print new MMR forms from the website each year before use)

You will be responsible for obtaining a medical release & liability form from each of your students participating. In the event a youth member becomes injured and needs medical assistance, the youth minister or sponsor will need to provide a medical release approved by a parent or legal guardian to the medical provider. Please bring three copies of each minor participants form. One copy will go to our registered nurse, one copy will be given to each Team Leader (to whom your youth is assigned), and you will keep the original. ***It helps us tremendously if you have alphabetized these ahead of time.***

Students, recently graduated or still in high school, who are 18 years old are considered participating students, but must complete the Adult Medical Release Form.

## **18+ Camper Recommendation Form**

You will be responsible for obtaining an 18+ Camper Recommendation Form for your students who are attending MPACT as students but are over 18 years of age. You will fill out one of these forms for your church. These students will need to fill out the Adult Medical Release Form.

## **Adult Medical Release Form (301-AMR)**

(Please print new AMR forms from the website each year before use)

You will be responsible for obtaining a medical release & liability form from each of your adults/sponsors participating. In the event an adult member becomes injured and needs medical assistance, the youth minister or sponsor from another team will need to provide a medical release approved by them to the medical provider. Please bring three copies of each participants form. One copy will go to our registered nurse, one copy will be given to each Team Leader (to whom your youth is assigned), and you will keep the original.

## **Vehicle Information**

(This information is recorded on the registration page)

Each church should provide adequate transportation for their students and sponsors. Upon arrival, after teams are assigned, automobiles will be assigned to each team. Each church should drive its own vehicle and/or vehicles. If you have enough space for your participants upon departure, there will be enough room for participants when teams are formed. **We do not want students driving students in their personal vehicles. Do not bring a vehicle with participants if that vehicle cannot be used to transport.** Each participating church will be responsible for supplying adult drivers and keeping their vehicles/vans fueled during the week. Although MPACT will supply water coolers, supplies could run low. So, we ask that each vehicle be stocked with a 5 gallon water cooler or ice chest ready for ice and water. There will be ice and water available each day for your team. Leaders are responsible for refilling. Please mark your cooler with your name. We also recommend a first aid kit.

## ***Secured Items***

We encourage you to leave all expensive and unnecessary items at home. We will be sleeping in gyms and using church vehicles. Please keep this in mind when you are deciding what to bring.

## **Youth Ministers**

Youth Ministers,

You set the tone for your youth group and the MPACT group as a whole by leading in example and acting responsibly. Especially while driving youth around town and being firm with how they dress and act. Parents are counting on you to be responsible with their child. All churches assume heavy responsibility when taking teenagers and adults out of town on trips. For a student ministry to function well in and out of town, obeying guidelines and policies is essential.

We encourage you to go over, copy and discuss the rules set forth for all youth and youth leaders, also making sure their parents read the **guidelines and dress code** set forth for the trip. Christian conduct at all times is essential in making this mission successful.

On all mission trips, being sent home will be the normal result of breaking curfew; being in the opposite sleeping quarters without an adult sponsor present or permission given by an adult sponsor; body piercing must be removed (accept ears); possessing alcohol, illegal drugs, e-cigarettes/vape pens, and/or tobacco products; leaving the group without permission; intimate petting (PDA); stealing, assault, or the possession of pornography or a dangerous weapon.

Failure to abide by the guidelines and expectations could result in a trip home and this does include Youth Ministers and Adult sponsors. The parents of the teenager will be expected to pay for commercial transportation home. Parents agree to support sponsors' decisions about sending youth home, knowing that only those present on the trip can know all the variables.

### **What Parents and Youth Should Receive**

Minor Medical Release Form (MMR)  
Medication Form  
Guidelines and Expectations (next page)  
Safety  
What to Bring  
Dress Code

### **What Adult Sponsors Should Receive**

Adult Medical Release Form (AMR)  
Guidelines and Expectations  
Safety  
What to Bring  
Dress Code  
Adult Sponsor Expectations (below)

## **Guidelines**

1. No girls in guys sleeping quarters.
2. No guys in girls sleeping quarters.
3. No PDA (Public Display of Affection)
4. Respect property of all including neighbors near churches or businesses.
5. Respect and honor lights out. When it's time to sleep – SLEEP!
6. No excessive horse-play inside the church buildings or school facilities.
7. Report to where you are supposed to be when you are supposed to be there.
8. Work hard so that others might see Jesus in your actions.
9. Come equipped with a “Servant’s Heart” and be ready to serve at all times.
10. Leave whining attitudes at home.
11. Adhere to dress code at all times.
12. Be flexible at all times and remember “It’s not about you”.

*PDA* - Couples should refrain from all types of physical affection while on an MPACT trip.

*Vandalism* - Teens and parents will be held responsible for any vandalism or willful damages to property while on an MPACT Mission trip.

## **Expectations**

Teams will be assigned daily routine tasks.

1. Stacking chairs.
2. Removal of trash from food service and picking up of such on school/church grounds.
3. Loading and unloading supplies.
4. Cleaning and restocking equipment before dinner each evening.

## **Respect of Adult Leaders**

Youth who choose to participate in MPACT must follow the instructions of adult leaders. Obeying those instructions and exhibiting respect toward leaders is a condition for remaining in an activity.

Below are things you and your youth will need to make your MPACT experience one you will want to remember. Please go over the guidelines for clothing with your students.

## What to Bring

- ✚ Bible and Pen
- ✚ Paint Brush, Paint Scraper, and Paint Pan or a Paint Kit
- ✚ Sleeping bag & pillow, air mattress & pump
- ✚ Money for snacks and 1 meal /1- Thursday night
- ✚ Money for meals while on the road (based on youth group)
- ✚ Sack lunch for the road – Saturday (based on youth group)
- ✚ Hat to block the sun (no offensive logos allowed)/Sunglasses
- ✚ Sun screen
- ✚ Bug spray (with deet)
- ✚ Work gloves
- ✚ Comfortable Tennis shoes (paint friendly)
- ✚ Towels for showering/swimming (dependent on fun day activities)
- ✚ Toiletries: Toothbrush/Toothpaste/Shampoo/Soap/Deodorant
- ✚ Water bottle with name
- ✚ A Godly attitude

**Please mark all personal things with your name!**

## Dress Code

Sunday Dress Code:

Girls wear dresses or slacks with a dress shirt. Dresses and skirts must be modest for sitting as well as standing.

Guys should wear slacks/jeans, shirt with collar.

No T-shirts or short for Sunday morning.

Weekly Dress Code: All clothing must be appropriately sized.

Shorts - may be worn throughout the week – (Finger Tip rules apply.)

*Short shorts, form fitting pants/shorts are not permitted.*

Work clothes -Monday – Thursday morning

Work appropriate clothes (painting and getting dirty). No pants sagging below the hips!

Swim suits – All guys and girls must wear a shirt with their swimsuits. Shirts can be sleeveless, but not have large arm holes. Shirts will be kept on by everyone while swimming. (*New as of 2021*)

Shirts and Blouses - No shrink top/halter top/muscle shirts or mid riffs are allowed. No spaghetti strap blouses. Straps must be a minimum of 2-inch – 3-inch finger width. No low cut necklines. Sleeveless shirts and collarless shirts may be worn provided that the shoulder straps have a 2-inch – 3-inch finger width. All T-shirts should have a positive message and glorify God.

Please use discretion with all clothing. Make sure they are paint friendly.



## **Adult Sponsor Expectations**

Adult Sponsors will be responsible for the following:

1. Attend mandatory daily meetings at 7:30 a.m. to discuss needs, concerns and problems and to pray.
2. Assure that your vehicles are fueled each day and ready for the next day.
3. Determine what tools and equipment you will need for daily work projects. (See Project request Form for your worksite.)
4. Return and recheck tools and equipment to tool trailer when no longer needed.

Attend all mandatory meetings on time. The schedule needs to be followed from the time your group arrives until the morning your group leaves. We do realize unforeseen events will happen and therefore we ask for “Flexibility”.

## **Worship and Bible Study Behavior**

Times of teaching and corporate worship are mandatory meeting times. Christians who are seeking to grow in the Lord deserve to study and worship without hindrance. Leaders have a responsibility to maintain that atmosphere. Inappropriate behavior during these times may result in the same consequences of breaking other guidelines and expectations.

**Sponsors,**

**Parents are counting on you to be responsible with their child. All churches assume heavy responsibility when taking teenagers and adults out of town on trips. For a student ministry to function well in and out of town, obeying guidelines and policies is essential.**

## **What Can I Expect While on an MPACT Trip?**

### **Arrival**

You and your youth group will arrive at the host church between the times of 3:00-5:45 p.m. on Saturday. After your youth group checks in at the MPACT registration table you will be assigned sleeping quarters in a designated area of the church/school. You will carry your belongings to your sleeping area and set up your home away from home for the week. You will have time to explore around the church/school, grab a soft drink at the concession stand, play basketball, volleyball, or meet other participants before dinner time.

### **First Session – Saturday Evening**

During the evening worship time we will enjoy group energizers, singing, orientation and a challenging message. We will review the expectations and guidelines with everyone and update you with all the pertinent information you will need for the evening and the following days to come.

### **Sunday – Different for 2022**

On Sunday morning we will meet in the designated meal area for breakfast. We will be led in a worship time by a youth minister and praise team during the Sunday school time. At the close of the worship time we will all go to our assigned churches for regular church worship. Some groups may go to the host church while others will be assigned to other churches in the community and surrounding towns. After the close of the Sunday morning worship times all groups will head back to meal area for lunch. After lunch each participant will be assigned their work team for the week. When the teams have been assigned they will go to their assigned work sites. Some teams may start the work projects on Sunday afternoon while others will go to the site and meet their project families. After the teams see their work sites and determine their needs for the work week they can hang out before returning to the meal area for dinner that night. For 2022, teams will not go out to eat because there are not many restaurants close to Forestburg. (Please see Thursday for the other meal you will be responsible for.) Sunday evening we will take our group photo and then go to worship.

### **Monday-Thursday (Morning)**

Breakfast is at 7:30 a.m. each morning followed by a worship time. While the youth are having a devotional/prayer time the adult leaders will be meeting each morning @ 7:30 a.m. From there you will go to your assigned work site with your team. Monday through Wednesday, teams will work at their assigned sites. Thursday the entire group will have a fun day together.

### **Monday- Thursday (Evening)**

You will return to the host site around 4:30 p.m. to take a shower before some free time and dinner. After dinner, everyone will come together for a group worship time. The evening worship times will offer fun activities, community building, singing, and a message from the Bible by a youth minister or adult leader.

Tuesday Night during worship we want to recognize our seniors who have graduated. They are not only graduating from high school but some are graduating from MPACT. This will be a time to thank them for their service and commitments and pray blessings over their lives.

## **Worksite**

Once you arrive at your worksite, you will begin working on the projects assigned to your work team. Your work site may include, scraping paint, painting, building or repairing steps, repairing roofs or porches, caulking windows, or yard work. Each team will have a minimum two adults assigned to them for the week.

## **Church Group Times**

At the end of the worship time you will meet with your youth group and reflect on the day's activities as well as look forward to the next day's expectations. After church group time is over, you will have free time until lights out. Concession stand is open at this time.

## **Thursday "Fun Day"**

On Thursday, MPACT will travel in a caravan to a fun day just for them. Each church will take care of driving their students in their vehicles. At the close of the fun day (around 3-4 p.m.) the church youth groups will go out to eat with their group. This is the second meal each participant will pay for and is not included in the registration fee. At the close of the meal you will return your group to the host church for the video presentation of the week and the final worship service.

## **Friday**

Before breakfast all groups will pack and load their vehicles. After breakfast all groups must help clean up the host site. Once the site is clean all groups will head back to their home churches.

## **Free Time**

Free time will give you the chance to make new friends, play basketball, volleyball or take a nap or visit the snack bar.

## **Photos**

We will be taking many photos all week long of youth making an MPACT. After editing by our video team you will have access to these photos. Also you will be given a group photo that will be taken on Sunday Night (T-shirt night). We will give each participating church a framed photo of MPACT to display in your church.

## **Video**

Each church will be given access to the video from the entire week.

## **Snack Bar and Souvenirs**

After worship, MPACT/or the Host Church will have a snack bar with snacks and sodas available for sale. T-shirts, hats, wristbands, backpacks and other miscellaneous MPACT memorabilia will be available for purchase also.

## Safety

(Please discuss the following safety rules with your group prior to arrival)

Safety is a high priority at MPACT. We take careful precautions to provide the safest possible conditions.

- Close adult supervision is required at all project sites and youth leaders are asked to bring only responsible, service-oriented participants who will commit to working safely and responsibly.
- At least one adult is present at each project site at all times.
- Every project site is checked for safety by group coordinators before the mission begins. We avoid sites where firearms, alcohol or drug use/abuse, drug sales, and domestic violence could be a potential problem.
- Safety tips are included on each project site description. Before starting work at a site, a safety meeting helps identify any potential dangers. Here's the time to spot wasp nests, frayed wires, tripping obstacles, etc.
- No participant is required to work in a situation if he or she feels unsure or unsafe about doing so. This includes on roofs, ladders, in water, with animals, etc.
- Safety goggles are required in specific situations, like operating power saws or drills, or using particular cleaning supplies. Safety goggles are provided by MPACT.
- Power tools are to be used only under direct adult supervision, even by senior high students who are experienced in using them. (use of chainsaws and power washers will be given to a specific team of leaders experienced in this area of work)
- Only licensed adult drivers listed by their churches as "designated drivers" are allowed to transport participants to and from project sites.
- Participants are encouraged to drink adequate water to stay hydrated.
- Participants are requested to bring protective clothing, shoes, hats, gloves, and sunscreen.
- Local medical facilities and services are identified before the Mission begins. Directions and phone numbers are provided to team leaders.
- First aid kits are sent out with each project team.