

Guidelines

1. No girls in guys sleeping quarters.
2. No guys in girls sleeping quarters.
3. No PDA (Public Display of Affection)
4. Respect property of all including neighbors near churches or businesses.
5. Respect and honor lights out. When it's time to sleep – SLEEP!
6. No excessive horse-play inside the church buildings or school facilities.
7. Report to where you are supposed to be when you are supposed to be there.
8. Work hard so that others might see Jesus in your actions.
9. Come equipped with a “Servant’s Heart” and be ready to serve at all times.
10. Leave whining attitudes at home.
11. Adhere to dress code at all times.
12. Be flexible at all times and remember “It’s not about you”.

PDA - Couples should refrain from all types of physical affection while on an MPACT trip.

Vandalism - Teens and parents will be held responsible for any vandalism or willful damages to property while on an MPACT Mission trip.

Expectations

Teams will be assigned daily routine tasks.

1. Stacking chairs.
2. Removal of trash from food service and picking up of such on school/church grounds.
3. Loading and unloading supplies.
4. Cleaning and restocking equipment before dinner each evening.

Respect of Adult Leaders

Youth who choose to participate in MPACT must follow the instructions of adult leaders. Obeying those instructions and exhibiting respect toward leaders is a condition for remaining in an activity.

Below are things you and your youth will need to make your MPACT experience one you will want to remember. Please go over the guidelines for clothing with your students.

What to Bring

- + Bible and Pen
- + Paint Brush, Paint Scraper, and Paint Pan or a Paint Kit
- + Sleeping bag & pillow, air mattress & pump
- + Money for snacks and 1 meal /1- Thursday night
- + Money for meals while on the road (based on youth group)
- + Sack lunch for the road – Saturday (based on youth group)
- + Hat to block the sun (no offensive logos allowed)/Sunglasses
- + Sun screen
- + Bug spray (with deet)
- + Work gloves
- + Comfortable Tennis shoes (paint friendly)
- + Towels for showering/swimming (dependent on fun day activities)
- + Toiletries: Toothbrush/Toothpaste/Shampoo/Soap/Deodorant
- + Water bottle with name
- + A Godly attitude

Please mark all personal things with your name!

Dress Code

Sunday Dress Code:

Girls wear dresses or slacks with a dress shirt. Dresses and skirts must be modest for sitting as well as standing.

Guys should wear slacks/jeans, shirt with collar.

No T-shirts or short for Sunday morning.

Weekly Dress Code: All clothing must be appropriately sized.

Shorts - may be worn throughout the week – (Finger Tip rules apply.)

Short shorts, form fitting pants/shorts are not permitted.

Work clothes -Monday – Thursday morning

Work appropriate clothes (painting and getting dirty). No pants sagging below the hips!

Swim suits – Girls: one piece or a dark T-shirt over a two piece suit. Guys must wear shirts at all times accept for swimming and showering.

Shirts and Blouses - No shrink top/halter top/muscle shirts or mid riffs are allowed. No spaghetti strap blouses. Straps must be a minimum of 2-inch – 3-inch finger width. No low cut necklines. Sleeveless shirts and collarless shirts may be worn provided that the shoulder straps have a 2-inch – 3-inch finger width. All T-shirts should have a positive message and glorify God.

Please use discretion with all clothing. Make sure they are paint friendly for work clothes.

Safety

(Please discuss the following safety rules with your group prior to arrival)

Safety is a high priority at MPACT. We take careful precautions to provide the safest possible conditions.

- Close adult supervision is required at all project sites and youth leaders are asked to bring only responsible, service-oriented participants who will commit to working safely and responsibly.
- At least one adult is present at each project site at all times.
- Every project site is checked for safety by group coordinators before the mission begins. We avoid sites where firearms, alcohol or drug use/abuse, drug sales, and domestic violence could be a potential problem.
- Safety tips are included on each project site description. Before starting work at a site, a safety meeting helps identify any potential dangers. Here's the time to spot wasp nests, frayed wires, tripping obstacles, etc.
- No participant is required to work in a situation if he or she feels unsure or unsafe about doing so. This includes on roofs, ladders, in water, with animals, etc.
- Safety goggles are required in specific situations, like operating power saws or drills, or using particular cleaning supplies. Safety goggles are provided by MPACT.
- Power tools are to be used only under direct adult supervision, even by senior high students who are experienced in using them. (use of chainsaws and power washers will be given to a specific team of leaders experienced in this area of work)
- Only licensed adult drivers listed by their churches as "designated drivers" are allowed to transport participants to and from project sites.
- Participants are encouraged to drink adequate water to stay hydrated.
- Participants are requested to bring protective clothing, shoes, hats, gloves, and sunscreen.
- Local medical facilities and services are identified before the Mission begins. Directions and phone numbers are provided to team leaders.
- First aid kits are sent out with each project team.

MPACT Missions Inc.

Minor Medical Release & Liability Form

To be completed by Parent(s) or legal Guardian for children under the age of 18 years.

I/We, _____ give permission for (Minor Participant) _____, to attend the MPACT mission trip. I am the Participating Adult or Parent or Legal Guardian of the above named minor and have the right to give permission for his/her attendance and activities participation. The information I have given on this form and any verbal information is true and accurate. As is authorized in Section 32.001 of the Family Code of the State of Texas entitled "Consent by Non-Parent", in the event of an accident or illness concerning Minor, MPACT Missions, Inc., acting by and through its **adult representatives**, will use its best effort to contact the parent(s) or legal guardian of Minor as soon as is reasonably possible. In the event the parents(s) or legal guardian is not available, **MPACT adult sponsors**, who have the actual care, control, and possession of Minor are authorized by this written document to secure and consent to such medical, dental, psychological, and/or surgical treatment for Minor as they, in their sole discretion, shall deem necessary for the treatment of the accident or illness.

I, the undersigned parent or legal guardian, assume full responsibility for all medical bills, doctor bills, and/or hospital bills or otherwise incurred by the minor. I understand that I am responsible for all medical cost incurred for treatment while the above person is at the MPACT Mission Trip. I release, acquit and forever discharge the leadership, medical personnel, counselors, adult leaders or staff of MPACT Missions, Inc. from all actions, claims, damages, liabilities, expenses, or ongoing expenses relating to bodily injury, serious illness, or death from the above named person. Further I agree to indemnify and reimburse MPACT Missions, Inc. and/or any other agents (adult leaders, volunteers, participating churches, etc...) the full amount of expenses incurred in the treatment of an accident or illness of the aforementioned Minor Participant.

I have discussed with the Minor Participant and He/She has expressed a desire to work as a participant of MPACT Missions and will engage in the activities relating to being a participant member of an MPACT work team. I understand that the activities may include, but are not limited to traveling to and from the host church, consuming food and drink and living in accommodations available and provided in the host town/city, working on home construction, repair, painting, yard work, and other related activities, including heavy work and labor.

I hereby freely and voluntarily, without duress, execute this release under the following terms:

I, as Parent or Legal Guardian of the participant, release and forever discharge and hold harmless MPACT Missions, Inc. and all other participants in the mission trip from any and all liability, claims, and demands of whatever kind and nature, either in law or in equity, which arise or may hereafter arise from the Minor's involvement in MPACT Missions, Inc. I understand and acknowledge that this release discharges MPACT Missions, Inc. from any liability or claim that I may have against MPACT Missions, Inc. with respect to any bodily injury, illness, death, or property damage that may result from the Minor's participation during the MPACT Trip.

Assumption of Risk: I understand that the Participant's time on the mission trip may include activities that may be hazardous, including, but not limited to construction, painting, yard work, loading and unloading of heavy materials, and local transportation to and from the work sites. I recognize and understand that time on the mission trip may, in some situations, involve inherently dangerous activities. I acknowledge that I have been fully informed of the risks and dangers inherent in the activities Participant will be engaging in during the MPACT mission trip.

I assume all responsibility for all of Participant's conduct and actions during MPACT, and agree to hold harmless and indemnify MPACT Missions, Inc., all of its officers, adult leaders, participants, and all work team participants, including adult team leaders, for any claims, demands, or liability whatsoever incurred or sustained by MPACT as the result of Participant's conduct or actions during the mission trip. Expectations of behavior will be followed or participant may risk being dismissed from the trip. Participant has agreed to follow the guidelines, expectations, and dress code set up by MPACT Missions, Inc. I understand that a failure to comply with the expectations, guidelines, and dress code can result in an early trip home (dismissal) at my expense.

I further give full authority to the youth leader(s) to discipline Minor Participant as the youth leader(s) deem necessary. If Minor's behavior is such that it endangers the happiness or safety of the entire group, then the youth leader(s) has our permission to send Minor home after notifying me of his/her intention to do so.

I certify that the information I have given on the Medical Information Form (attached hereto) is correct, and that both parents/legal guardians (if possible) have read and understand this agreement.

PARENT/LEGAL GUARDIAN SIGNATURE _____ Date _____

PARENT/LEGAL GUARDIAN SIGNATURE _____ Date _____

On Behalf of MPACT Missions, Inc. (Minister's Signature) _____ Date _____

In addition:

Minor has assured me that he/she shall conduct himself/herself in such a way that reflects Godly, Christian Conduct upon this group which he/she represents. Minor understands and has signed "The Promise" described below.

THE "PROMISE" – To Be Signed by Minor

I hereby promise to obey any rules and regulations laid down by the adult group leader(s). I realize that such rules are necessary for the safety and happiness of the entire group. I will cooperate with the adult youth leader(s) and other members of the group. I know the breaking of these rules may result in my return home.

Signature of Minor _____

A duplicate copy of this agreement shall be as effective as the original.

Church Name: _____ Student's Name: _____ Team# _____

MEDICAL INFORMATION

NAME		DOB	AGE	SEX
ADDRESS		CITY	ST	ZIP
PHONE	SS#	DL#	GRADE (completed)	
INTERN? Yes or No	If Yes, with what church?	EMAIL ADDRESS		
INSURANCE COMPANY		CLAIMS PHONE #		
TYPE OF COVERAGE		POLICY #		
PLAN		ID #		
GROUP		GROUP #		
MINOR'S DOCTOR		TELEPHONE		
OFFICE ADDRESS		CITY		
NAME OF EMERGENCY CONTACT				
ADDRESS		CITY		
TELEPHONE		RELATION		
KNOWN ALLERGIES (including food & drugs)				
EXISTING MEDICAL CONDITIONS				
DATE OF LAST TETANUS SHOT		OTHER INFO		
PRESCRIPTIONS OR MEDICATION (taken on an on-going basis)				
IF YOU ARE A MINOR PARTICIPANT, PLEASE PROVIDE THE FOLLOWING:				
NAME OF FATHER/LEGAL GUARDIAN				
ADDRESS OF FATHER				
PHONE #		CELL#		
FATHER'S EMPLOYER		WORK #		
WORK ADDRESS				
NAME OF MOTHER/LEGAL GUARDIAN				
ADDRESS OF MOTHER				
PHONE #		CELL#		
MOTHER'S EMPLOYER		WORK #		
WORK ADDRESS				

